

✖ Reducing, Reusing and Recycling are important because the less we throw away the less room needs to be made for our ever growing garbage dumps. I don't think they call them "dumps" anymore, so I guess I better get with the program.

Anyway, we do have a bit of recycling available here in Stillwaters. Plastic bottles and tubs, paper, cardboard and cans, but no glass. There are also other ways to reduce garbage and that is by preventing unwanted mail and phone books from getting delivered to us. Here are some good conservation ideas at the following websites.

First is a website to sign up for that allows you to opt of phone books you don't use. There are three phone books delivered in our area and most of us use only one or none! Eliminating several phone books at once is as simple as going to [www.yellowpagesoptout.com](http://www.yellowpagesoptout.com). Just create an account and click on the local directories that you no longer wish to receive.

Second, a good way to remove your name from several national mailing lists at once is to sign up for the Direct Marketing Association's Mail Preference Service at [www.dmachoice.org](http://www.dmachoice.org). This website provides instructions on how to register online or via U.S. mail. This service is only for national (not local) mail and only for residential, not business addresses. The service is good for five years.

This is a good way to eliminate unused phone books and foremost is a way to save a tree.

### **Quote of the week:**

"Recycling one aluminum can saves enough energy to run your TV for three

hours.”

–Reynolds Metal Company

## Happenings this week:



### **Friday through Sunday, August 22 to August 24th:**

A little garlic please! Garlic Fest will be held noon to 7 p.m. Friday, 10 a.m. to 7 p.m. Saturday and 10 a.m. to 5 p.m. Sunday at the Southwest Washington Fairgrounds. Lots of vendors and sampling! \$5 admission.

**Saturday, August 23rd:** Hub City Car Show, downtown Centralia. 9 a.m. to 4:00 p.m. Lots of great cars to see!

**Next Thursday, August 28th:** Monthly potluck here at Stillwaters Estates. Dinner starts promptly at 6 p.m. Bring your plate and your favorite dish to share. Come join the fun!

**Weather:** We continue to have great summer weather but sadly I am beginning to see sunrise later and sunset sooner so you all know what that means. Soon fall will be upon us! The forecast for the next week is warmer through Wednesday (80's and 90's) and then back to high 70's by the end of next week. I vote for a beautiful September, how about you?